CURRICULUM PLAN · PRINTABLE · FREE

The full curriculum plan, every strand, every level.

One grid for the whole course: what each strand teaches at each level, matched to ages, UK school years and the CEFR, then the 36 weeks of each level in a printable table. Print the whole plan or one level.

14	4	144	A4
strands	levels	weeks listed	print-ready

HOW LEVELS, AGES AND YEARS MATCH

The map

LEVEL	AGES	UK YEARS (SUGGESTED)	CEFR	CAMBRIDGE YOUNG LEARNERS	TIME
LEVEL 0 Little Steps English	4 to 6	Reception	Pre-CEFR (talk and first sounds)	Before Starters	36 weeks, 3 short sessions
LEVEL 1 Next Steps English	6 to 10	Years 1 and 2	Pre-A1 to A1	Starters to Movers	36 weeks, 3 lessons of 60 minutes

LEVEL	AGES	UK YEARS (SUGGESTED)	CEFR	CAMBRIDGE YOUNG LEARNERS	TIME
LEVEL 2 Moving Up English	8 to 12	Years 3 and 4	[redacted] to A2	Movers to Flyers	36 weeks, 3 lessons of 60 minutes
LEVEL 3 Bridge English	10 to 14	Years 5 and 6	A2 to B1	A2 Key for Schools to B1 Preliminary	36 weeks, 3 lessons of 60 minutes

The ages are the range the level suits best. The UK year match is our own suggestion: Level 1 spans Years 1 and 2, Level 2 spans Years 3 and 4, Level 3 spans Years 5 and 6. Each year page explains the pacing.

STRANDS BY LEVEL

What each strand does, level by level

Read across a row to follow one strand from Level 0 to Level 3. Read down a column for everything a level uses. Links go to the lesson plans, practice and printable pages; pages still being built open when they are published.

STRAND	LEVEL 0: LITTLE STEPS ENGLISH AGES 4 TO 6 · PRE-CEFR (TALK AND FIRST SOUNDS)
TALK AND LISTENING SPOKEN LANGUAGE IS STATUTORY ACROSS YEARS 1 TO 6 (S1); COMMUNICATION AND LANGUAGE IS A PRIME AREA IN THE EYFS.	Songs, rhymes, simple instructions, show and tell, circle-time talk. Short, daily, joyful. Songs, rhymes and stories Listen
PHONICS AND EARLY READING SYSTEMATIC SYNTHETIC PHONICS FIRST (S4). GENERIC PHASE ORDER (S7); YOUR SCHOOL'S PROGRAMME MAY USE OTHER NAMES.	Phase 1 listening games, then Phase 2 and 3 sound sets with blending and decodable reading. Phonics practice Phases explained Phonics for EFL learners
READING FLUENCY AND COMPREHENSION REPEATED AND GUIDED ORAL READING BUILDS FLUENCY (S10). COMPREHENSION GROWS FROM TALK ABOUT TEXTS.	Sharing picture books and rhymes, retelling stories with props, early labels and captions. Listen

STRAND	LEVEL 0: LITTLE STEPS ENGLISH AGES 4 TO 6 · PRE-CEFR (TALK AND FIRST SOUNDS)
READING FOR PLEASURE NATIONAL LITERACY TRUST 2025: ENJOYMENT OF READING IS AT A RECORD LOW (S16). THE READING FRAMEWORK GIVES IT A FULL SECTION (S4).	Daily story time, a cosy book corner, favourite rhymes learnt by heart. Reading at home
SPELLING APPENDIX 1 HOLDS THE SPELLING RULES AND THE STATUTORY YEAR 3/4 AND YEAR 5/6 WORD LISTS (S2).	Hearing sounds in words, first name writing and sound-by-sound attempts. Phonics practice
HANDWRITING TAUGHT FROM RECEPTION IN THE WRITING FRAMEWORK (S5); LETTER FAMILIES IN YEAR 1 AND JOINS FROM YEAR 2 (S1).	Pre-writing patterns, grip and posture, first letter shapes in letter families. Handwriting Pre-writing sheets
TOUCH TYPING OUR SUGGESTION, NOT A STATUTORY REQUIREMENT: THE DFE WRITING FRAMEWORK LANDING PAGE DOES NOT MENTION TYPING (S5).	Not yet. Mouse and tablet familiarity only.
WRITING COMPOSITION SAY IT, THEN WRITE IT: ORAL REHEARSAL AND SENTENCE WORK (S5, S6, S9, S10).	Mark-making, a name, labels, a caption, a list. Writing
GRAMMAR AND PUNCTUATION TERMINOLOGY BY YEAR IS SET IN APPENDIX 2 AND THE GLOSSARY (S1, S3). KS2 GPS TEST FORMAT (S11, S12).	Through talk only: sentence patterns in songs and routines.
VOCABULARY CAMBRIDGE YOUNG LEARNERS LISTS GUIDE TOPIC CHOICE ONLY (S13); WE DO NOT REPUBLISH THEM.	Concrete words for objects, family, body, colours, numbers, animals, food. Vocabulary
GAMES AND CLASSROOM TOOLS CALM TOOLS FOR ONE-BOARD CLASSROOMS; PICTURE GAMES FOR THE YOUNGEST.	Picture and sound games with no timers. Kids Games

STRAND	LEVEL 0: LITTLE STEPS ENGLISH AGES 4 TO 6 · PRE-CEFR (TALK AND FIRST SOUNDS)
PRINTABLES A4, INK-LIGHT, WITH PDFS; OFFLINE PACKS FOR LOW-BANDWIDTH SCHOOLS.	Pre-writing sheets, colouring with words, certificates. Printables
SHORT VIDEO LESSONS SHORT, CAPTIONED, SELF-HOSTED, WITH TRANSCRIPTS.	How to hold a pencil; what is blending (for the grown-up). Watch
CHECKS AND ASSESSMENT OUR CHECKS ARE FOR TEACHING DECISIONS, NOT FOR REPORTING. NATIONAL TESTS ARE COVERED ON THE YEAR PAGES.	Observation checks each term; a short one-to-one at the end of the year. Level 0 checks

LEVEL BY LEVEL

Terms, projects and weeks

Each level has three terms of twelve weeks, with a review week at the end of each term. The week tables below link to the matching week on the level page.

Level 0: Little Steps English

Ages 4 to 6 · Pre-CEFR (talk and first sounds) · UK Reception · Open the level page with every week, lesson outline and free resource

Three terms, three projects

Term 1: Hello, me and my class

Weeks 1 to 12 · listening, joining in and first words

All About Me book. One page a week: a self-portrait, family, a favourite toy, a colour, numbers, the weather. Children draw, stick and trace their name. Adults scribe what each child says about the page.

Term 2: My world

Weeks 13 to 24 · phrases, first letter sounds, oral blending

Our World class big book. Each child makes one page about food, clothes, pets, home or transport, says one sentence about it, and the class reads the book together. Finish by singing two songs for another class or for families.

Term 3: Stories and adventures

Weeks 25 to 36 · retelling, reading first words, writing names

Story show for families. The class acts out a traditional tale with masks and props, sings three songs, and each child shows the zigzag book they made. Every child has one sentence to say.

All 36 weeks

WEEK	TOPIC	LANGUAGE FOCUS	SPEAKING AND LISTENING
Wk 1	Hello and goodbye	Hello. Goodbye. I'm Ana.	Song: Hello, hello, hello; Talk: wave, say hello and your name
Wk 2	Our classroom	Sit down. Stand up. Look. Listen.	Song: Let's tidy up; Talk: follow one-step instructions with actions
Wk 3	Colours	It's red. Red, please.	Song: I can sing a rainbow; Talk: point to, name and ask for colours
Wk 4	Numbers 1 to 5	One, two, three. How many?	Song: Dinosaur 1-10, counting to five on fingers; Talk: count claps, jumps and toys to five
Wk 5	My body	Touch your nose. This is my hand.	Song: Head, shoulders, knees and toes and the Hokey cokey; Talk: point to and name body parts

WEEK	TOPIC	LANGUAGE FOCUS	SPEAKING AND LISTENING
Wk 6	Feelings	I'm happy. I'm sad.	Song: If you're happy and you know it; Talk: show a feeling with your face, name it
Wk 7	Toys	What's this? It's a ball.	[redacted]g: Old scruffy teddy; Talk: show and tell one toy
Wk 8	My family	This is my mum. This is my brother.	Song: What is a family?; Talk: name people in a family photo or drawing
Wk 9	Numbers 6 to 10	How many? Six.	Song: Ten little aeroplanes; Talk: count objects, show numbers on fingers
Wk 10	Shapes	It's a circle. It's big. It's small.	Song: Twinkle twinkle little star; Talk: shape hunt around the room
Wk 11	Weather	It's sunny. It's raining.	Song: Incy Wincy spider; Talk: the daily weather chart
Wk 12	**Review: All About Me**	**Term 1 language**	**Song: a favourite-songs concert; Talk: say your name, age and one thing you like**
Wk 13	Food	I like apples. I don't like fish.	Song: Snack time; Talk: a tasting circle, yes please and no thank you
Wk 14	Picnic food	Can I have a banana, please?	Song: Pizza and chips; Talk: picnic role-play, asking and thanking
Wk 15	Clothes	I'm wearing a hat. Put on your coat.	Song: Don't put your trousers on your head; Talk: dressing-up game, what are you wearing?
Wk 16	Pets	I've got a cat. It's small.	Song: Animal house; Talk: describe a toy pet, its size and colour
Wk 17	Farm animals	A cow says moo.	Song: Old MacDonald had a farm; Talk: guess the animal from its noise
Wk 18	At home	This is the kitchen. Where's Teddy?	Song: Hickory dickory dock; Talk: tour a toy house or a picture of a house
Wk 19	Actions	I can jump. Can you hop?	Song: I can run; Talk: Robot says, a listening game like Simon says
Wk 20	Transport	It's a bus. Beep beep!	Song: The wheels on the bus; Talk: ride the class bus, buy a ticket
Wk 21	Outdoors	Let's go outside. Up the slide.	Song: Let's go outside; Talk: playground words, up, down, in, on
Wk 22	My day	Wake up. Brush your teeth. Go to bed.	Song: Brush bus; Talk: put three routine pictures in order
Wk 23	Birthdays	Happy birthday! How old are you?	Song: Happy birthday and Chocolate cake; Talk: party role-play, giving and saying thank you
Wk 24	**Review: Our World**	**Term 2 language**	**Song: perform two songs for another class; Talk: show a page of the class book and say one sentence**
Wk 25	Wild animals	A lion is big. Can a monkey climb?	Song: We're going to the zoo; Talk: guess the animal from three clues
Wk 26	Under the sea	A fish can swim.	Song: Everything beneath the sea; Talk: what can you see in the sea picture?
Wk 27	Minibeasts	A spider has got eight legs.	Song: Can a flea climb a tree?; Talk: a bug hunt, count the legs
Wk 28	Growing	Plant the seed. It's growing.	Song: The leaves on the trees; Talk: plant a bean and talk about it every day
Wk 29	Big and small: Goldilocks	It's too big. It's just right.	Song: The Goldilocks song; Talk: compare bowls, chairs and beds by size
Wk 30	Where is it?	It's in the box. It's under the chair.	Song: The hokey cokey for in and out; Talk: hide Teddy, then find Teddy
Wk 31	People who help us	She's a doctor. He's a farmer.	Song: People work; Talk: role-play the clinic and the fire station
Wk 32	Shopping	Can I have an apple, please? Here you are.	Song: Shopping and Ten shiny coins; Talk: run the class shop

WEEK	TOPIC	LANGUAGE FOCUS	SPEAKING AND LISTENING
Wk 33	Jack and the beanstalk	Fee, fi, fo, fum! Up, up, up.	Song: Twinkle twinkle and the Goldilocks song again; Talk: retell the story from a story map
Wk 34	Our own story	Once upon a time… The end.	[redacted]g: the class's favourite story song; Talk: invent a class story with toys as characters
Wk 35	Getting ready for the show	My name is… I like…	Song: rehearse three songs and two rhymes; Talk: practise one sentence each for the show
Wk 36	**Review: the story show**	**Term 3 language**	**Song: the show; Talk: each child says their sentence and answers one question**

Strand pages that go with this level

- **Talk and listening:** Songs, rhymes and stories, Listen
- **Phonics and early reading:** Phonics practice, Phases explained, Phonics for EFL learners
- **Reading fluency and comprehension:** Listen
- **Reading for pleasure:** Reading at home
- **Spelling:** Phonics practice
- **Handwriting:** Handwriting, Pre-writing sheets
- **Writing composition:** Writing
- **Vocabulary:** Vocabulary
- **Games and classroom tools:** Kids, Games
- **Printables:** Printables
- **Short video lessons:** Watch
- **Checks and assessment:** Level 0 checks

How this plan was built

The weekly content comes from the four level pages. The strand grid was written to cover phonics, reading, writing, grammar, spelling, handwriting, spoken language and the other areas set out in the English programmes of study, the early years framework, the Reading Framework and the Writing Framework. Statutory content by year is on the year pages.

Sources

- National curriculum in England: English programmes of study (DfE, 2013, updated 2014)
- The reading framework (DfE, 2021, updated 2023)

- The writing framework (DfE, 2025)
- Early years foundation stage (EYFS) statutory framework (DfE, effective 1 September 2026)
- EEF, Improving Literacy in Key Stage 1
- EEF, Improving Literacy in Key Stage 2

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